

# Arrowhead XC Class Records...

## Freshman

Elijah DeVries - 16:26.67 ('15)  
Donovan Arndt - 16:32.2 ('25)  
Russell Sandvold - 16:41 ('08)  
Vince Jamison - 16:55 ('94)  
Will Simons - 16:57 ('11)  
Will Conley - 16:59 ('09)  
Jason Michalak - 16:59 ('92)  
Cole Sandvold - 17:10 ('13)  
Ben Bierman - 17:12 ('09)

## Sophomore

Charlie Wesley - 16:02.4 ('19)  
Ben Bierman - 16:13.5 ('10)  
Russell Sandvold - 16:14 ('09)  
Henry Chapman - 16:14.2 ('16)  
Will Conley - 16:14.2 ('10)  
Cole Sandvold - 16:15.80 ('14)  
Will Simons - 16:20 ('12)  
Steve Arrington - 16:24 ('96)  
Mike McFarland - 16:27 ('03)  
Nick Fulton - 16:31 ('01)

## Juniors

Elijah DeVries - 15:46.3 ('17)  
Henry Chapman - 15:47.8 ('17)  
Russell Sandvold - 15:48.6 ('10)  
Cole Sandvold - 15:52.3 ('15)  
Kyle Lewin - 15:52.7 ('10)  
Mike McFarland - 15:59 ('04)  
Charlie Wesley - 15:59.4 ('20)  
Steve Arrington - 16:00 ('97)  
Will Conley - 16:00.9 ('11)  
Jake Dubnicka - 16:01.8 ('11)

## Seniors

Russell Sandvold - 15:11.4 ('11)  
Ben Weston - 15:19.4 ('25)  
Kyle Lewin - 15:25.9 ('11)  
Will Simons - 15:29.64 ('14)  
Elijah DeVries - 15:30.7 ('18)  
Mike McFarland - 15:43.5 ('05)  
John Simons - 15:44 ('08)  
Jake Dubnicka - 15:47.5 ('12)  
Cole Sandvold - 15:48.15 ('16)  
Charlie Wesley - 15:58.32 ('21)

# All Time Top 50 5K Times (1980 - 2025)

Russell Sandvold	15:11.4	'11 Midwest Inv. @ Blackhawk CC
Ben Weston	15:19.4	'25 Midwest Inv. @ Blackhawk CC
Kyle Lewin	15:25.9	'11 Midwest Inv. @ Blackhawk CC
Will Simons	15:29.64	'14 Arrowhead Invitational
Elijah DeVries	15:30.7	'18 Midwest Inv. @ Blackhawk CC
Mike McFarland	15:43.5	'05 Sectional @ Arrowhead
John Simons	15:44	'08 Case Inv. @ UW Parkside
Jake Dubnicka	15:47.5	'12 Midwest Inv. @ Blackhawk CC
Henry Chapman	15:47.8	'17 Arrowhead Invitational
Cole Sandvold	15:48.15	'16 Conference Meet at Muskego
Charlie Wesley	15:58.32	'21 Midwest Inv. @ Blackhawk CC
Peter Emmerich	15:59.4	'03 Wisco Inv. @ McCarty Park
Steve Arrington	16:00	'97 Sect. Meet @ Arrowhead
Will Conley	16:00	'11 Midwest Inv. @ Blackhawk CC
Jon Coy	16:01	'98 Wisco Inv. @ McCarty Park
Nick Fulton	16:02	'03 Wisco Inv. & Sect. Meet @ UW Parkside
Ben Bierman	16:05	'12 Case Inv. @ UW Parkside
Seth Ray	16:06	'20 Brook East State Inv. @ Mitchell Park
Tom Resch	16:06	'97 Sect. Meet @ Arrowhead
Alex Wood	16:06.1	'24 Conf. Meet @ Mukwonago
Sean Tyre	16:07	'96 Conf. Meet @ UW Parkside
Kyle Kluth	16:07	'06 Arrowhead Invitational
David Widenski	16:13.29	'16 Conference Meet @ Muskego
Mason Durst	16:13.3	'16 Midwest Inv. @ Blackhawk CC
Vince Jamison	16:13	'97 Sect. Meet @ Arrowhead

Jeff Arrington	16:13	'93 Conf. Meet @ UW Parkside
Tom Beaumont	16:13	'83 Sect. Meet @ Mukwonago Cty. Park
Scooter Geiser	16:15	'97 Sect. Meet @ Arrowhead
Joe McFarland	16:17	'05 Sectional @ Arrowhead
Derek O'Connell	16:18	'00 Wisco Inv. @ McCarty Park
Sam Gomon	16:18	'19 Arrowhead Invitational
Kevin Emmerich	16:21	'08 Case Inv. @ UW Parkside
Eliot Giffin	16:21.1	'20 Sub Sectional Meet @ Arrowhead
Kyle Vogt	16:25.29	'14 Arrowhead Invitational
Brigham Green	16:27	'97 Arrowhead Invit.
Steve Tiefenthaler	16:27	'92 Mukwonago Inv. @ Cty. Park
Drew Renner	16:27.53	'14 Arrowhead Invitational
Cody Clauer	16:28	'17 Arrowhead Invit. & WA Hale Invite
Elijah Jones	16:29	'17 Eagle Invite @ UW Parkside
Ty Getz	16:29.2	'21 Midwest Inv. @ Blackhawk CC
Strider Hunt	16:31	'94 Case Inv. @ UW Parkside
Mike Torphy	16:32	'84 Conf. Meet @ Wis. Ave. Park
Donovan Arndt	16:32.2	'25 Sectional @ Arrowhead
Nick Linnan	16:33	'10 Midwest Inv. @ Blackhawk CC
Mark Lutzke	16:33	'80 @ Brown Deer triangular
Josh Bodnar	16:34	'12 Sectional @ Arrowhead
John Johnson	16:34	'95 @ Midwest Inv. & State Meet @ Rapids
Dereck Brower	16:34	'88 Mukwonago Inv. @ Cty. Park
Connor Kumlien	16:34.03	'15 Arrowhead Invitational
Tyler Heiman	16:34.9	'23 Arrowhead Invitational